



mountsandel Activity Sheet

Mountsandel Explorers

A trip to Mountsandel Wood to see the site of the Mesolithic settlement in the context of its immediate environment can help your pupils visualise what life was like for Mesolithic people and how they used natural resources to survive.

Looking at the Landscape:

What did this landscape look like in Mesolithic times compared to today?

What food and other natural resources were found here in Mesolithic times?

How did this change through the seasons?

Look carefully as you walk through the forest for things to eat or materials that would have been of use to Mesolithic people. Encourage pupils to use their imaginations.

What did the archaeologists find?

Why does nothing remain visible of the Mesolithic settlement above ground?

What happens during an excavation?

What did the archaeologists find out about Mesolithic people from what they found here?

What were they not able to find out?

Ask the pupils to imagine they are one of the hazel rods that made up a Mesolithic hut and stand in a large circle approximately 6m in diameter, with their hands up in the air and bending slightly towards the middle.



What was life like for Mesolithic people?

How did they get their food and collect water?

How did they know what plants were edible or poisonous?

How did they cook their food?

What did they wear?

Were their clothes warm or waterproof?

How did they wash or go to the toilet?

Do you think life easy or difficult for Mesolithic people?



Recording the Visit:

Collect examples of plants found in the forest
Cut some hazel rods to make into spears, bows and arrows.

Take photos of any wildlife spotted on the walk
Identify key features of the landscape on a map of the area.



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